



# Great Bike Ride is coming this way

## Event in Focus: Great Australian Bike Ride

RIDERS on the Great Australian Bike Ride will be able to enjoy the majestic rural scenery of Richmond later this month.

The Great Australian Bike Ride is a nine-stage ride around the country that began in Melbourne on March 21 and will finish back there on October 10.

Local riders are welcome to participate in the "flag off" from Richmond and ride a few kilometres with the riders on May 30.

The Great Australian Bike Ride will travel anticlockwise around the country from Melbourne to Melbourne, and is co-ordinated by Australian Rotary Health.

The Great Australian Bike Ride will raise awareness of mental illness issues and support for continuing research.

By riding around the country



*Richmond residents can wave on the Great Australian Bike Ride when it passes through on May 30.*

we hope to unite thousands of Australians behind this cause.

According to Australian Rotary Health, good mental health makes life more enjoyable and helps us appreciate our environment and those around us.

However for many Australians mental illness is debilitating and means they cannot enjoy life to the full.

With around one in five

people suffering from a mental illness, the Ride is a chance to make a difference in the lives of many.

Rotary International is a worldwide organisation with 1.2 million members that brings together business and professional leaders to provide humanitarian service, encourages high ethical standards in all vocations and helps build goodwill and peace in the world.

Australian Rotary Health is the largest single project of Rotary in Australia.

The main aim is to fund research projects into all aspects of community health and improve the quality of life for those dealing with mental illness. Australian Rotary Health is Australia's largest provider of funds for mental health research after the Australian Government.

● Visit [www.greataustralian-bikeride.org.au](http://www.greataustralian-bikeride.org.au)