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Big bike ride's Taree stopover

A CHARITY round-Australia bike ride will overnight in Taree tomorrow.

The Great Australian Bike Ride is in the fourth stage of its journey around the country and is this week heading up the New South Wales coast.

Riders will travel from Bulahdelah to Taree tomorrow before heading off to Port Macquarie on Friday on the journey to Brisbane.

It is part of an epic 17,800 kilometre ride around Australia - organised by Australian Rotary Health- to raise awareness of mental health programs and fund research into mental illness.

Four cyclists are covering the entire journey - from Melbourne to Hobart, Sydney, Brisbane, Townsville, Darwin, Perth, Adelaide and back to Melbourne - while other cyclists are joining in for various stages of the trip.