



On the road for mental illness awareness

TWENTY-TWO bike riders and 13 support staff have participated in the nine-stage, 17,800 kilometre ride around the country.

President of Daylesford Rotary Victor Szwed said the purpose of the ride was to support Australian Rotary Health by helping to raise awareness of mental illness.

“By riding around the country the participants are hoping to unite Australians behind this cause,” he said.

Mr Szwed said three of the bike riders had endured the entire trip that began in Melbourne on March 21 and finished on October 10 in Melbourne.

The oldest rider in the group was 80e.

When they stopped in Daylesford, the cyclists took the opportunity to have a well deserved rest during a lunch provided by the Rotary Club of Daylesford.

The club donated \$500 to the cause.

Australian Rotary Health is the largest single project of Rotary in Australia and is Australia’s largest provider of funds for mental health research after the Federal Government.

The main aim is to fund research projects into all aspects of community health and improve the quality of life for those dealing with mental illness.



LEFT: Cyclists Tom Brown and Roberta Gordon stop in Daylesford last week on the last leg of their journey around Australia to help raise awareness of mental illness.