



## THE GREAT AUSTRALIAN BIKE RIDE COMES TO ROBINVALE

**T**he Great Australian Bike Ride is a 17,800 kilometre round Australia cycling event for mental health research. The Ride began in Melbourne in March with over 140 riders entering one or more of the stages. Robinvale will have the opportunity to be part of the excitement on Friday October 2nd, when the group travel here from Mildura.

Australian Rotary Health organised the Ride to raise community awareness/support for its mental health research programs; an important element of which is redressing the stigma and myths associated with mental illness. Our own local Rotary Club is busy organising the local part of the Ride. The cyclists are expected to arrive around 12 noon on the Friday and will leave on Saturday October 3rd at around 9am to head to Balranald. As part of the local celebrations, Rotary will provide a dinner on Friday night with a guest speaker who is not only riding but is also involved in Australian Rotary Health. The following morning, Rotary is also providing breakfast.

There will be many riders in need of accommodation. If any community members wish to host riders/support crew, please contact Dougal on 5026 1162 or Rosalie on 5026 3095. There are approximately 30 riders in the group.

Come out and support this great Ride for mental health and help Rotary be a part of the solution.

**WHAT: GREAT AUSTRALIAN BIKE RIDE**  
**WHEN: ARRIVING FRIDAY OCTOBER 2nd APPROX 12 noon**  
**DEPARTING SATURDAY OCTOBER 3rd 9.00 am COMMUNITY CENTRE LAWNS**