



Cyclists deserve a big welcome

THIS Friday April 24th, the Rotary Club of Laurieton will play host to over thirty riders who are participating in the Great Australian Bike Ride and who are on the road to raise awareness and much needed funds for mental health research.

The riders are en route to Brisbane as part of Stage 4 of

the Great Australian Bike Ride which has been organized by Australian Rotary Health, the largest single project of Australian Rotary clubs.

The ride began on the steps of Parliament House in Melbourne on Saturday March 21st and will take seven months to complete its journey around Australia finishing back in Melbourne on October 10.

One of the keen participants in the bike ride is Roberta Gordon a sixty year old retired teacher/librarian, an experienced ex-triathlete, current lifesaver and an out-back cyclist who rode

2,000km to Birdsville in 2006. Roberta aims to raise public awareness about mental health as well as \$40,000 on her journey around Australia with the assistance of Australian Rotary Clubs.

The visit to Laurieton is Day 35 of the 204 day, 17,813km journey as riders cycle from Taree to Port Macquarie. The riders will enjoy morning tea on North Brother Mountain and then cycle through Bold Street between 11.00am and 11.30am.

Local residents are encouraged to cheer on the cyclists before they begin their ride to Bonny Hills Conference Centre where they will join the RYLA (Rotary Youth Leadership Award) group for lunch.

Members of the Rotary Club of Laurieton will also be walking Bold Street to greet the riders and will be collecting donations for this very worth cause.