



## Paul's epic ride against all odds

**Kingaroy Rotary secretary Paul Overton (right) will take part in the most ambitious bike ride ever held in Australia.**

The saying "If at first you don't succeed, try, try again" has special meaning to this rider.

He was meant to participate in the Brisbane to Townsville stage of the around-Australia ride but that was put on hold after a nasty fall left him in hospital.

Instead, he will ride the Adelaide to Melbourne stage starting tomorrow.

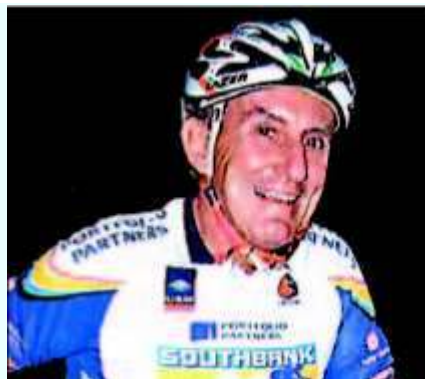
Mr Overton has been cycling for many years in long rides and charity events and has even started an event locally to support cancer research.

Taking part in the Great Australian Bike Ride for Australian Rotary Health will make his dreams come true.

He is looking forward to meeting fellow rotarians and raising funds for Australian Rotary Health (ARH) to increase awareness of mental illnesses.

The Great Australian Bike Ride is a nine-stage ride travelling anticlockwise around the country.

It began in Melbourne on March 21 and will finish where it started on October 10.



The event is co-ordinated by ARH and is the largest single Rotary project in Australia.

ARH is the largest provider of funds for mental health research in the nation after the federal government.

The main aim is to fund research projects in all aspects of community health and improve the quality of life for people suffering with mental illness.

By riding around the country Rotary hopes to unite thousands of Australians behind the cause.

More than 100 cyclists are registered to ride in one or more of the nine stages and they are seeking sponsors.

Donations are tax deductible and can be made on the ride's website at [www.greataustralianbikeride.org.au](http://www.greataustralianbikeride.org.au).

Five cyclists have registered to ride the full 17,800 kilometres.